



Have A Heart Foundation Of Staten Island



Have A Heart For Kids

112 SHERADEN AVENUE • STATEN ISLAND, NY 10314
(718) 761-0685

Have A Heart and Have A Heart for Kids, S.I.

5K Annual Run/Walk

Date: Sunday September 30, 2018

Register: 7:00 to 8:45 A.M. Time: Event Starts 9:00

Place: The Silver Lake Park Reservoir and Access Road

Run Awards: Top 3 Male Overall And Top 3 Female Overall

Awards ceremony to follow

For more information visit our website: www.haveaheartfoundation.com

Donation: \$20 for 5K, \$10 for walkers before 09/20 Race Day \$25/\$15

Students under 18: \$5.00 no giveaways

Last Name: _____ First Name _____

Address: _____

City: _____ State: _____ Zip: _____

Shirt size: YOUTH: small only__ Adult: SM__ Med__ LG__ XL__

In consideration of accepting this entry, I the undersigned, intending to be legally bound by myself, heirs, executors and administrators waive and release any and all rights and claims for damages and injury that I may have against Have A Heart Foundation and Have A Heart For Kids, the NYC Parks Dept. their agents, servants and successors and all persons or entities involved in the promoting or staging of the 2017 Have A Heart 5K Run/Walk. I attest that I am physically fit and have trained sufficiently for this event to be held on Sunday September 30, 2018

Signature _____ Parent (under 18) _____

"The heart of giving is giving from the heart"